

GOALS

Definition: The object of an individual's ambition or effort; an aim or desired

BIBLICAL FOUNDATION

The plans of the diligent lead to profit.

~ Proverbs 21:5

In his heart, a man plans his course, but the Lord determines his steps.

~ Proverbs 16:9

For I know the plans I have for you . . .

~ Jeremiah 29:11–13

GOAL AREAS

- Spiritual
- Family
- Relationships
- Personal Development
- Health and Wellness
- Financial
- Career
- Mental Health

à **Ask Jesus for wisdom and direction as you set your goals.**

à **Set goals that help you know Jesus better and prioritize the kingdom of God.**

ALIGN GOALS TO
BELIEFS AND VALUES



THINK LONG-TERM
AND SHORT-TERM



WRITE YOUR
GOALS DOWN

References:

1. Ramsey Solutions. (n.d.). Types of goals: The 7 types of goals you need to set. Ramsey Solutions.
2. Wholehearted Quiet Time. (n.d.). What does the Bible say about setting goals? Wholehearted Quiet Time. Crosswalk.com. (n.d.). What does the Bible say about goals? Crosswalk.